

Lunchtime Menu

June 2009

Week1

Week1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chicken wraps Meatballs in tomato sauce	Lasagne Roast Turkey	Lamb Casserole Fishermans Pie	Cottage Pie Sausage Rolls	Baked Fish Puddings
Veggie	Spanish Quiche	Veg Curry and Rice	Cheese Beans Pasties	Cheese Pot Flan	Cheese and Onion Pie
Starchy	Wedges	Roast/New Potatoes	Creamed Pots	Wedges	Chips
Vegetables	Sweetcorn	Fresh Carrots	Cabbage	Green beans	Mush Peas
Jacket Potato	Served Daily With Choice of Cheese/Beans/Coleslaw	Served Daily With Choice of Cheese/Beans/Coleslaw	Served Daily With Choice of Cheese/Beans/Coleslaw	Served Daily With Choice of Cheese/Beans/Coleslaw	Served Daily With Choice of Cheese/Beans/Coleslaw
Sandwiches	Choice of cold and hot fillings and breads	Choice of cold and hot fillings and breads	Choice of cold and hot fillings and breads	Choice of cold and hot fillings and breads	Choice of cold and hot fillings and breads
Panini's	Choice of cold and hot fillings and breads	Choice of cold and hot fillings and breads	Choice of cold and hot fillings and breads	Choice of cold and hot fillings and breads	Choice of cold and hot fillings and breads
Fresh Fruit / Yoghurt	Daily selection of fresh fruit and yoghurts	Daily selection of fresh fruit and yoghurts	Daily selection of fresh fruit and yoghurts	Daily selection of fresh fruit and yoghurts	Daily selection of fresh fruit and yoghurts
Drinks	Water/Milk/Juice	Water/Milk/Juice	Water/Milk/Juice	Water/Milk/Juice	Water/Milk/Juice

Week2

Week1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Ham Broccoli Bake Meat and Onion Pie	Beef Cobbler Cheese Burgers	Roast Lamb Chicken Pie	Chicken Rice Braised Sausage	Baked Fish Puddings
Veggie	Savoury Rice	Cheese Pasties	Stuffed Peppers	Veg Wraps	Cheese and Onion Pie
Starchy	Creamed Pots	Croquettes	Roast/Creamed Pots	Wedges	Chips
Vegetables	Sweetpeas	Baby Carrots	Cabbage	Broccoli	Mush Peas
Jacket Potato	Served Daily With Choice of Cheese/Beans/Coleslaw	Served Daily With Choice of Cheese/Beans/Coleslaw	Served Daily With Choice of Cheese/Beans/Coleslaw	Served Daily With Choice of Cheese/Beans/Coleslaw	Served Daily With Choice of Cheese/Beans/Coleslaw
Sandwiches	Choice of cold and hot fillings and breads	Choice of cold and hot fillings and breads	Choice of cold and hot fillings and breads	Choice of cold and hot fillings and breads	Choice of cold and hot fillings and breads
Panini's	Choice of cold and hot fillings and breads	Choice of cold and hot fillings and breads	Choice of cold and hot fillings and breads	Choice of cold and hot fillings and breads	Choice of cold and hot fillings and breads
Fresh Fruit / Yoghurt	Daily selection of fresh fruit and yoghurts	Daily selection of fresh fruit and yoghurts	Daily selection of fresh fruit and yoghurts	Daily selection of fresh fruit and yoghurts	Daily selection of fresh fruit and yoghurts
Drinks	Water/Milk/Juice	Water/Milk/Juice	Water/Milk/Juice	Water/Milk/Juice	Water/Milk/Juice

Week3

Week1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Cowboy Pie Chicken Burgers	Keema Mince Meat Pot Pie	Roast Beef Meat Pasties	Steak Pie Chicken Bacon	Baked Fish Puddings
Veggie	Tomato Quiche	Veg Lasagne	Stir Fry	Cauliflower Cheese	Cheese and Onion Pie
Starchy	Fries	Rice/Wedges	Roast/Creamed Pots	New Pots	Chips
Vegetables	Chopped Salad	Mushy Peas	Cauliflower/Broccoli Mix	Cabbage	Mush Peas
Jacket Potato	Served Daily With Choice of Cheese/Beans/Coleslaw	Served Daily With Choice of Cheese/Beans/Coleslaw	Served Daily With Choice of Cheese/Beans/Coleslaw	Served Daily With Choice of Cheese/Beans/Coleslaw	Served Daily With Choice of Cheese/Beans/Coleslaw
Sandwiches	Choice of cold and hot fillings and breads	Choice of cold and hot fillings and breads	Choice of cold and hot fillings and breads	Choice of cold and hot fillings and breads	Choice of cold and hot fillings and breads
Panini's	Choice of cold and hot fillings and breads	Choice of cold and hot fillings and breads	Choice of cold and hot fillings and breads	Choice of cold and hot fillings and breads	Choice of cold and hot fillings and breads
Fresh Fruit / Yoghurt	Daily selection of fresh fruit and yoghurts	Daily selection of fresh fruit and yoghurts	Daily selection of fresh fruit and yoghurts	Daily selection of fresh fruit and yoghurts	Daily selection of fresh fruit and yoghurts
Drinks	Water/Milk/Juice	Water/Milk/Juice	Water/Milk/Juice	Water/Milk/Juice	Water/Milk/Juice

Week4

Week1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chilli Beef Sausage Rolls	Spaghetti Bolognese Chicken Stir Fry Wrap	Roast Chicken Tuna Pasta Bake	Beef Curry Beefburgers	Baked Fish Puddings
Veggie	Cheese Pepper Roll	Macaroni Cheese	Cheese Pot Bake	Pepper Quiche	Cheese and Onion Pie
Starchy	Rice/Wedges	Wedges	Roast/Creamed Pots	Rice Wedges	Chips
Vegetables	Sweet peas	Green beans	Carrots	Sweetcorn	Mush Peas
Jacket Potato	Served Daily With Choice of Cheese/Beans/Coleslaw	Served Daily With Choice of Cheese/Beans/Coleslaw	Served Daily With Choice of Cheese/Beans/Coleslaw	Served Daily With Choice of Cheese/Beans/Coleslaw	Served Daily With Choice of Cheese/Beans/Coleslaw
Sandwiches	Choice of cold and hot fillings and breads	Choice of cold and hot fillings and breads	Choice of cold and hot fillings and breads	Choice of cold and hot fillings and breads	Choice of cold and hot fillings and breads
Panini's	Choice of cold and hot fillings and breads	Choice of cold and hot fillings and breads	Choice of cold and hot fillings and breads	Choice of cold and hot fillings and breads	Choice of cold and hot fillings and breads
Fresh Fruit / Yoghurt	Daily selection of fresh fruit and yoghurts	Daily selection of fresh fruit and yoghurts	Daily selection of fresh fruit and yoghurts	Daily selection of fresh fruit and yoghurts	Daily selection of fresh fruit and yoghurts
Drinks	Water/Milk/Juice	Water/Milk/Juice	Water/Milk/Juice	Water/Milk/Juice	Water/Milk/Juice